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MEDICARE & OTHER INSURANCE "FITTING THE PIECES TOGETHER" 2021

I. INTRODUCTION

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BIG PICTURE – 4 Options

- 1. Original Medicare (A and B) with a Medicare Prescription Drug plan, SeniorCare, or other creditable drug coverage
- 2. Original Medicare with a Medigap Policy (aka Supplement) and creditable drug coverage
- 3. Medicare Advantage Plan (aka Medicare Health Plan)/Cost Plan, some include drug coverage/some do not
- 4. Medicare Savings Accounts with a form of creditable drug coverage

II. ORIGINAL MEDICARE

- Medicare Part A Hospital/Inpatient, Skilled Nursing, Hospice, some Home Health Care services
 - o Inpatient hospital care, skilled nursing facility care, inpatient psychiatric care (190 day), hospice
 - Age 65 (or disabled). There is no premium if beneficiary has earned sufficient work quarters. If not, premium amount to be determined by Social Security
 - Deductible of \$1,484 (in 2021) per benefit period. A Benefit Period begins the day you go into a
 hospital or a skilled nursing facility. The benefit period ends when you haven't received any
 inpatient hospital care (or skilled care in a SNF) for 60 days in a row and then starts over again.
 - o Hospital Coinsurance: Days 0-60: \$0 (after deductible), 61-90: \$371/day, 91-150: \$742/day
 - Skilled Nursing Facility Coinsurance: Days 0-20: \$0, 21-100: \$185.50/day (If 3 day hospital stay
 – does NOT include Observation Status), after 100 days = Private Pay, Long Term Care
 Insurance, or Medicaid
 - Medicare Part B Medical/outpatient, clinic visits, lab work, ambulance rides, urgent care, emergency room, medical supplies and drugs that have to be given in a hospital or clinic setting
 - Outpatient care, Doctor Visits, Durable Medical Equipment, some Preventative Services (most 100% coverage), some injectables given in a clinic/hospital
 - Standard Part B premium is \$148.50/month
 - Annual deductible of \$203 in 2021
 - o Premium will be deducted from the Social Security benefit, or if not receiving a benefit, beneficiary will be billed quarterly.
 - Premiums may be higher for persons with incomes greater than \$88,000 single/\$176,000 joint.
 - Late enrollment penalty: If you don't sign up for Part B when you're first eligible and don't have Employer Coverage, you may have to pay a late enrollment penalty for as long as you have Medicare. Your monthly premium for Part B may go up 10% for each full 12 month period that you could have had Part B and didn't sign up for it.
 - o Assistance is available with payment of premium if income/asset guidelines met.
 - o Pays approximately 80% of Medicare approved amount for most covered services.

III. MEDICARE SUPPLEMENTAL INSURANCE ~ See yellow sheet

What is a Medicare Supplemental Policy? (aka Medigap policy)

- o Private health insurance designed to fill in the "gaps" after Original Medicare according to State and Federal laws.
 - "Gaps" are deductibles, co-insurance, and co-payments.
 - If Medicare does not cover it, most likely your Supplement won't either examples: Dental, Hearing Aides, Routine Eye Exams.
- o Premiums vary depending upon the insurance company, optional benefits chosen, age of applicant, and where applicant lives.
- Guaranteed Renewable for life as long as you pay the premium.
- o No network of providers, as long as they take Medicare, they should take your Supplement.

• Guaranteed Acceptance into a Medicare Supplement Policy.

- o 6 months Open Enrollment when Part B first becomes effective
 - age 65 or 24 months after date of disability determination. (Disabled persons receive a 2nd open enrollment when they turn age 65)
- Guaranteed Issue of 63 days when "involuntarily" lose current coverage.
 Includes: Employer/Retiree Groups, Medical Assistance, or Medicare Advantage. (If unsure, call Helpline/Benefit Specialist for information 1-800-242-1060/715-381-4360)
- If you are not within your Open Enrollment period, don't have an SEP, or are not protected by Guaranteed Issue, the Supplemental Insurance Company CAN deny you due to health underwriting.

Traditional Medicare Supplement Coverage (aka Traditional Medigap policy)

Basic Benefits

- Covers the 20% gap in coverage after Medicare Part B
- Covers co-payments for hospitalization and skilled nursing care.
- Additional Inpatient Psychiatric Care (175 days lifetime in addition to Medicare).
- First three pints of blood each year.

Wisconsin Mandate Benefits *

- Coverage for usual and customary cost of non-Medicare covered chiropractic care.
- Coverage for 30 days non-Medicare skilled nursing facility care with no prior hospitalization required.
- Up to 40 home health visits in addition to those provided by Medicare, if you qualify.
- Kidney Disease benefits up to \$30,000 in a calendar year
- \$120 Preventative Health to cover routine services (some may cover more).
- Some plans may offer discounts on other services such as Vision and/or Dental
- Optional Benefits (Not all companies offer all of the optional benefits)
 - Part A Deductible Rider (covers the \$1,484 deductible per 60 day benefit period).
 - Part B Deductible Rider (\$203 annual deductible).
 - Part B Excess Charges Rider (covers the excess charges a provider can charge over the approved Medicare amount if they do not accept Medicare Assignment).
 - Additional Home Health Care (up to 365 visits per year).
 - Foreign Travel Rider (may have deductible of \$250 and covers 80% for first 60 consecutive days. Benefit limit must be at least \$50,000 per lifetime).

*There are several types of Medigap Policies: Traditional, Cost Sharing (share in 25% or 50% of a max), High Deductible, etc. What is explained above is the Traditional Supplemental Policy.

IV. MEDICARE ADVANTAGE PLANS (aka Medicare Health Plans, MSA plans, Medicare Part C, replaces your Original Medicare A and B, and sometimes D) ~see blue sheet

- Enrollment (Need both A & B to enroll)
 - o <u>Initial</u> Enrollment: 3 months prior, month of, 3 months after starting Medicare.
 - o Annual Enrollment Period: October 15 Dec 7 (effective Jan 1st of the following year)
 - <u>Disenrollment</u> Period: Jan. 1 Feb. 14, If you are in a Medicare Advantage Plan, you can drop the plan and switch back to Original Medicare and add a Pt D plan
 - Special Enrollment Periods: i.e. Relocation, Trial Period, Loss of Group, etc. (Call for assistance for your particular circumstances)
 - Lock-in: you will be locked in to your plan of choice, able to make a change only during the above enrollment periods, unless you are eligible for a low income subsidy.
 - Trial Periods: May be allowed to disenroll back to original Medicare within the initial 12 months in a Medicare health plan, if certain criteria is met.
 - No Health Questions allowed except for End Stage Renal.

• Types of Medicare Health Plans

- Private Fee for Service (PFFS)
- Preferred Provider (PPO)
- Managed Care (HMO) (some plans have POS/Point of Service option)
- Medicare Savings Accounts (MSA) high deductible plans (see pink sheet), Medicare pays part of the deductible
- Special Needs Plans (for persons with Chronic diseases or for persons on Medical Assistance or for persons in Institutional settings)

Premiums/Costs of Medicare Health Plans

- Premiums Vary by plan
 - Continue to pay the Part B premium. Medicare pays the Health plan a set amount every month to cover Medicare services; you share in the cost with co-pays, deductibles and coinsurance.
- o Co-pays for most services covered thru the Medicare Advantage plan
 - "Maximum out-of-pocket" varies by plan
- Can change premiums/co-pays on a yearly basis pending approval by CMS, also can go away.
- Providers may choose to "Balance Bill" the beneficiary up to 15% over reimbursement paid by the plan for those enrolled in PFFS plans.
- In most of these plans, you pay 20% co-insurance for Part B drugs, which are drugs that must be administered by a health professional such as certain oral anti-cancer drugs and anti-nausea drugs, antigens, injectable osteoporosis drugs, clotting factors you give yourself by injection if you have hemophilia, and drugs you take using DME (such as nebulizers).

Optional Additional Benefits

- Fitness Discount
- o Dental Coverage
- o Some coverage towards routine eye exams and hearing aides
- Not all plans offer additional benefits

*Typically, there is a network of providers that you need to stay within In order to receive the maximum benefit from the plan.

V. EMPLOYER/RETIREE GROUP HEALTH COVERAGE

- Includes coverage thru employer
 - Active employee health coverage, Retiree Coverage, COBRA Continuation Coverage, Federal Employer Health Benefits.
- Each plan has its own costs (premiums/co-pays) associated with the "approved contract" purchased by the employer.
- Contract may change at any time.
- May include "creditable drug coverage." (Ask before enrolling into Part D)
- May provide Primary (if actively working and numbers of employees are >20 for 65 and up or >100 for disabled) or Secondary coverage to Original Medicare. May incur Part B penalty if not covered by employer coverage that is primary.

VI. OTHER SECONDARY HEALTH COVERAGE

- Military Coverage, St. Croix County Office, 715-386-4759
 - Veteran's Benefits (VA facilities only)
 - Drug coverage is "creditable"
 - Does not coordinate with Medicare
 - Need to meet priority level for coverage
 - May want to purchase additional insurance
 - Tricare for LIFE/ChampVA
 - Prescription coverage is "creditable"
 - Does Coordinate with Medicare
 - No additional health insurance needed
- Wisconsin SeniorCare, 1-800-657-2038
 - State Prescription Drug Plan, Creditable Drug Coverage
 - Income determines your "level"
 - Higher your income, higher your deductible
 - No Monthly Premium
 - Can have with a Medicare Supplement or Medicare Advantage Plan without drug coverage
- Medical Assistance/Low Income Programs, Economic Support 715-246-8421, Great Rivers Consortium – 1-888-283-0012
 - Benefits received are dependent on gross income and cash assets. Benefits range from full Medicaid to assistance with Medicare Part B premium.
- Health Insurance Marketplace, 1-800-318-2596
 - o 4 levels of coverage, Income 100-400% of FPL may be eligible for tax credit

VII. MAKING YOUR COVERAGE DECISION

- The decision to purchase insurance is a <u>personal choice</u> and should be based on your personal health care needs, now and in the future.
- Note: Potential out-of-pocket costs if insurance decisions are not made in a timely manner.
- Insurance counselors are available for your assistance, to help you sort the options available to you so <u>you</u>, as a <u>consumer</u>, can make an informed decision. Call the Medigap Hotline, 1-800-242-1060 or Benefit Specialist in your county, for further information and answers.

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